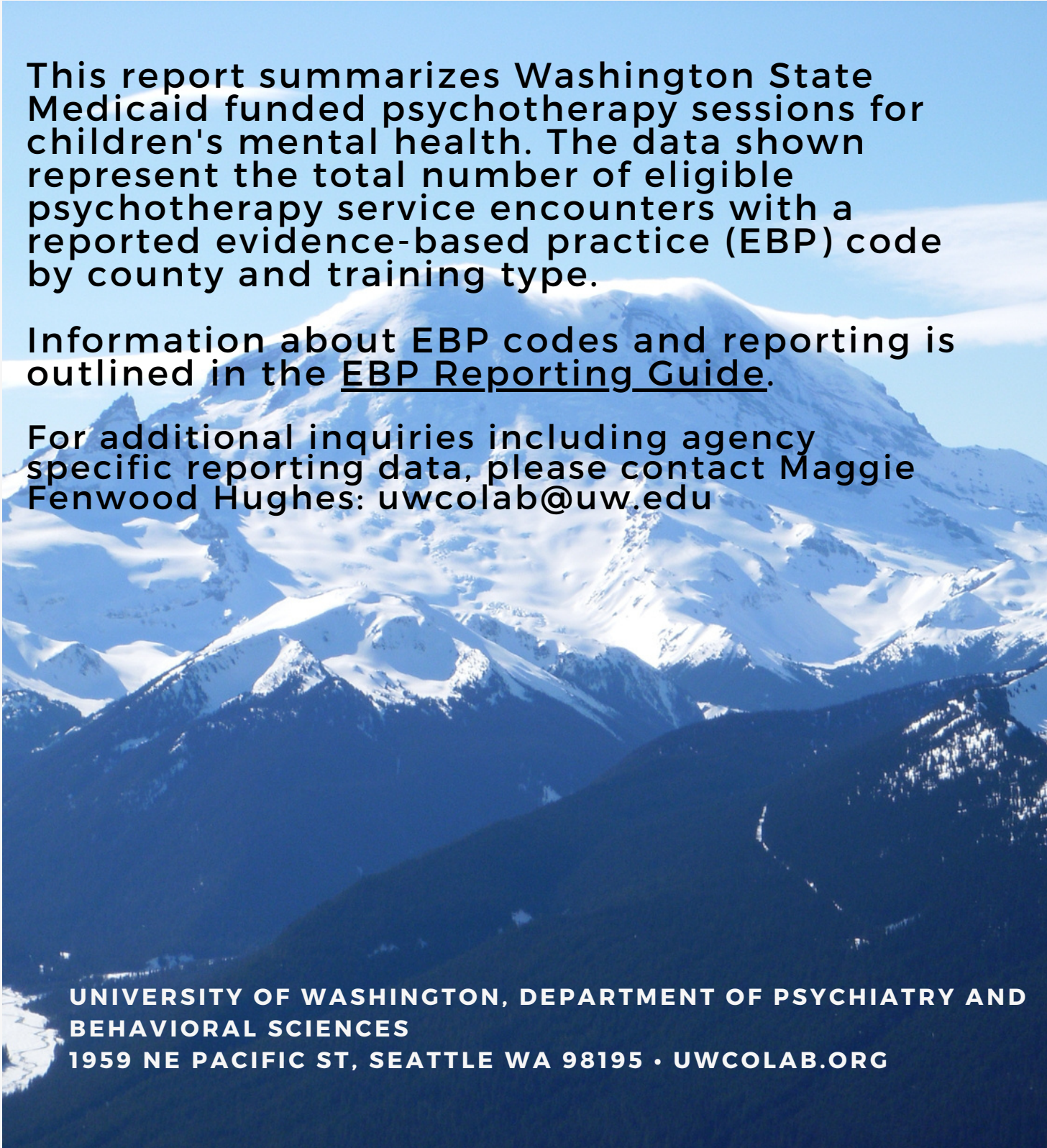


QUARTER TWO 2023

Evidence-based mental health services for youth and children in Washington State

Performance Report

DATA WERE EXTRACTED BY THE WASHINGTON STATE HEALTH CARE AUTHORITY (HCA). REPORTED EBPS MAY NOT REFLECT ALL SERVICES PROVIDED IN A REGION OR BY AN INDIVIDUAL AGENCY.



This report summarizes Washington State Medicaid funded psychotherapy sessions for children's mental health. The data shown represent the total number of eligible psychotherapy service encounters with a reported evidence-based practice (EBP) code by county and training type.

Information about EBP codes and reporting is outlined in the [EBP Reporting Guide](#).

For additional inquiries including agency specific reporting data, please contact Maggie Fenwood Hughes: uwcolab@uw.edu

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TABLE 1: EBP PSYCHOTHERAPY SERVICES PROVIDED TO ELIGIBLE CLIENTS BY COUNTY FOR Q2 2023 : 4/1/2023 - 6/30/2023

County	Total Eligible Service Encounters	Total Qualifying EBP Service Encounters	Percent of Qualifying EBP Services Provided
Adams	453	0	0%
Asotin	261	0	0%
Benton	4,121	593	14%
Chelan	1,451	212	15%
Clallam	1,024	1	0%
Clark	10,985	66	1%
Columbia	45	2	4%
Cowlitz	3,034	28	1%
Douglas	891	123	14%
Ferry	83	5	6%
Franklin	1,878	200	11%
Garfield	4	0	0%
Grant	2,437	16	1%
Grays Harbor	1,425	17	1%
Island	959	67	7%
Jefferson	529	1	0%
King	21,886	2,356	11%
Kitsap	2,187	107	5%
Kittitas	545	244	45%
Klickitat	167	0	0%
Lewis	1,571	15	1%
Lincoln	250	6	2%
Mason	678	43	6%
Okanogan	1,089	2	0%
Pacific	636	25	4%
Pend Oreille	306	4	1%
Pierce	14,261	341	2%
San Juan	329	0	0%
Skagit	2,203	19	1%
Skamania	85	0	0%
Snohomish	10,934	115	1%
Spokane	23,094	3,010	13%
Stevens	856	43	5%
Thurston	4,353	238	5%
Wahkiakum	49	0	0%
Walla Walla	1,336	181	14%
Whatcom	4,240	15	0%
Whitman	630	8	1%
Yakima	7,303	4,273	59%
Unknown	12	2	17%
Total	128,580	12,378	10%

TABLE 2: TYPE OF EBP CODES REPORTED IN ELIGIBLE PSYCHOTHERAPY SERVICE ENCOUNTERS (Q2 2023)

TOTAL ELIGIBLE SESSIONS WITH AN EBP CODE REPORTED IN Q2, 2023 = 12,378

EBP Code	EBP Code description	Number of agencies reporting with EBP code	Total reported EBP sessions for each code
860010000	Brief Strategic Family Therapy (BSFT)	2	12
860016000	Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	1	1
860035000	Coping Cat	2	6
860043000	Eye Movement Desensitization and Reprocessing (EMDR) for Child Trauma	12	149
860073000	Incredible Years Parent Training	1	7
860091000	Multimodal Therapy (MMT) for Children with ADHD	2	25
860136000/870001595	Trauma Focused CBT for Children	21	1,027
860140000	Triple-P/Parent Behavioral Therapy	1	23
860148000	Parent Behavioral Therapy	19	2,343
860151000	CBT for Anxiety	29	3,767
860153000	CBT for Depression	33	2,534
860155000	CBT for Trauma	25	1,778
860157000	Coping Cat/Koala Back Based Model	2	22
860158000	Coping Koala	1	1
860159000	Coping with Depression – Adolescents	1	6
860160000	Dialectic Behavior Therapy (DBT) for adolescent with self-harming behavior	10	200
860180000	Multi-systemic Therapy (MST) for Youth with Serious Emotional Disturbances (SED)	1	24
860186000	Parent Child Interaction Therapy (PCIT) for Children with Disruptive Behavior Problems	9	352
860187000	Parent Cognitive Behavioral Therapy (CBT) for Children with Anxiety	2	24
860188000	Parent Management Training (PMT)	2	27
860200000	Child Life and Attention Skills (CLAS)	1	47
860201000	Coaching Our Acting-Out Children: Heightening Essential Skills (COACHES)	1	3

TABLE 3: TREND OVER TIME

Percent of Qualifying EBP Services Provided WA State Q3 2020 to Q2 2023

