

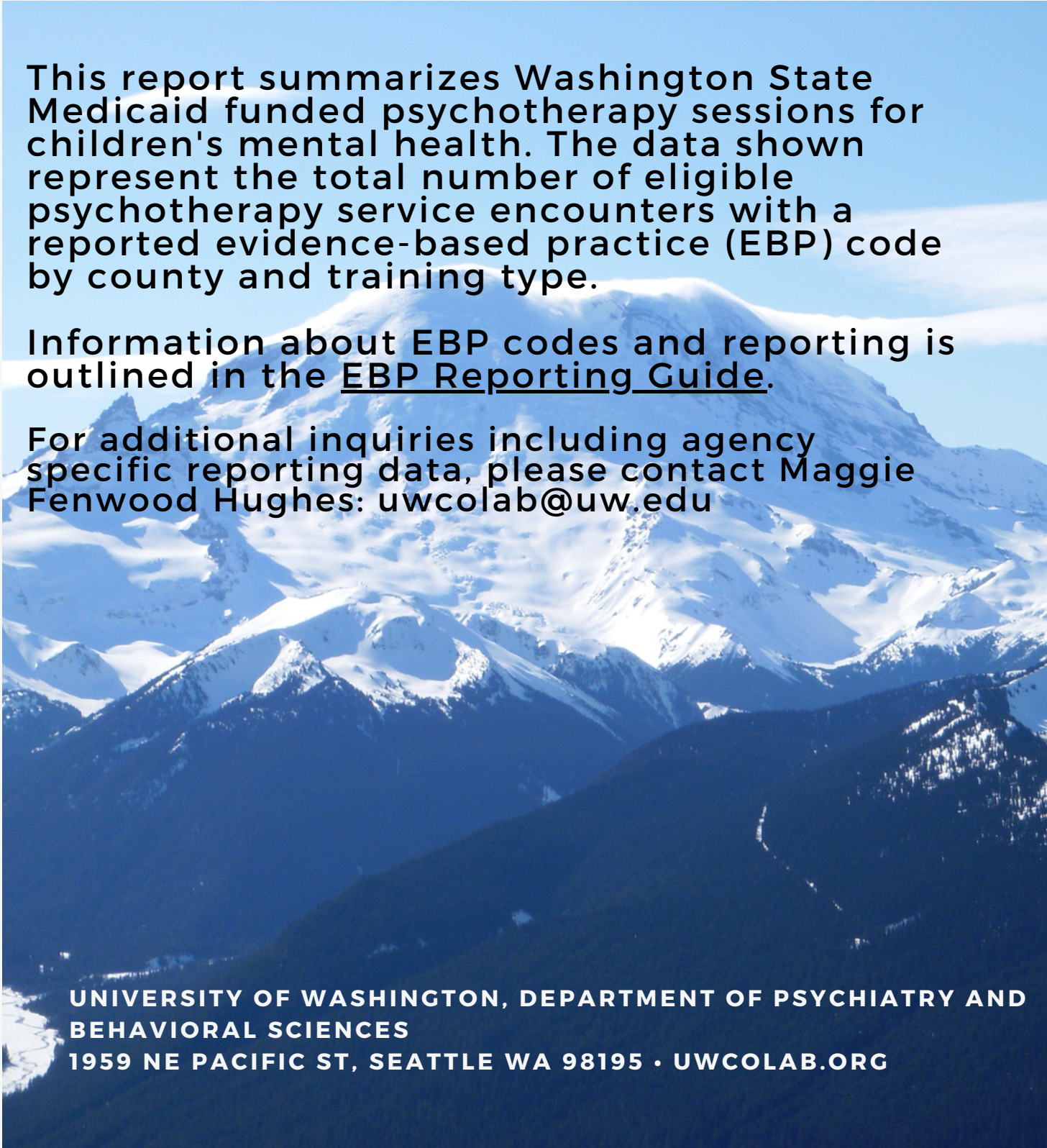


QUARTER TWO 2022

Evidence-based mental health services for youth and children in Washington State

Performance Report

DATA WERE EXTRACTED BY THE WASHINGTON STATE HEALTH CARE AUTHORITY (HCA). REPORTED EBPS MAY NOT REFLECT ALL SERVICES PROVIDED IN A REGION OR BY AN INDIVIDUAL AGENCY.



This report summarizes Washington State Medicaid funded psychotherapy sessions for children's mental health. The data shown represent the total number of eligible psychotherapy service encounters with a reported evidence-based practice (EBP) code by county and training type.

Information about EBP codes and reporting is outlined in the [EBP Reporting Guide](#).

For additional inquiries including agency specific reporting data, please contact Maggie Fenwood Hughes: uwcolab@uw.edu

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TABLE 1: ELIGIBLE CLIENTS THAT RECEIVED A REPORTED EBP PSYCHOTHERAPY SERVICE ENCOUNTER BY COUNTY FOR Q2 2022 : 4/1/2022-6/30/2022

County	Total eligible clients that received psychotherapy	Number of clients that received any documented EBP psychotherapy services	Percent of clients that received any EBP psychotherapy services
Adams	135	0	0%
Asotin	83	0	0%
Benton	824	125	15%
Chelan	541	44	8%
Clallam	290	2	1%
Clark	2,397	14	1%
Columbia	24	2	8%
Cowlitz	793	3	0%
Douglas	322	35	11%
Ferry	26	1	4%
Franklin	358	59	16%
Garfield	2	0	0%
Grant	753	1	0%
Grays Harbor	344	4	1%
Island	196	1	1%
Jefferson	110	0	0%
King	4,216	566	13%
Kitsap	575	0	0%
Kittitas	161	103	64%
Klickitat	81	10	12%
Lewis	437	3	1%
Lincoln	56	0	0%
Mason	242	4	2%
Okanogan	191	1	1%
Pacific	130	8	6%
Pend Oreille	68	2	3%
Pierce	3,413	203	6%
San Juan	78	0	0%
Skagit	500	5	1%
Skamania	23	0	0%
Snohomish	2,255	38	2%
Spokane	3,211	552	17%
Stevens	239	5	2%
Thurston	950	56	6%
Wahkiakum	25	0	0%
Walla Walla	304	49	16%
Whatcom	827	36	4%
Whitman	169	3	2%
Yakima	1,884	1,054	56%
Unknown	9	1	11%
Total	27,242	2,990	11%

TABLE 2: TYPE OF EBP CODES REPORTED IN ELIGIBLE PSYCHOTHERAPY SERVICE ENCOUNTERS (Q2 2022)

TOTAL ELIGIBLE SESSIONS WITH AN EBP CODE REPORTED IN Q2, 2022 = 11,595

EBP Code	EBP Code description	Number of agencies reporting with EBP code (Q2 2022)	Total reported EBP sessions for each code (Q2 2022)
860035000	Coping Cat	1	9
860043000	Eye Movement Desensitization and Reprocessing (EMDR) for Child Trauma	8	106
860073000	Incredible Years Parent Training	2	47
860076000	Incredible Years Parent Training + Child Training	1	8
860085000	Modularized Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH-ADTC)	2	26
860091000	Multimodal Therapy (MMT) for Children with ADHD	2	25
860136000	Trauma Focused CBT for Children	15	1,095
860140000	Triple-P Level 4, Individual	3	35
860148000	Behavioral Parent Training (BPT) for Children with Disruptive Behavior Disorder	15	2,506
860151000	Cognitive Behavioral Therapy (CBT) for Anxious Children (group, individual, or remote)	23	3,429
860153000	Cognitive Behavioral Therapy (CBT) for Depressed Adolescents	22	2,454
860155000	Cognitive Behavioral Therapy (CBT)-Based Models for Child Trauma	18	1,278
860157000	Coping Cat/Koala Back Based Model	1	6
860159000	Coping with Depression – Adolescents	2	11
860160000	Dialectic Behavior Therapy (DBT)	11	309
860180000	Multi-systemic Therapy (MST) for Youth with Serious Emotional Disturbances (SED)	3	42
860186000	Parent Child Interaction Therapy (PCIT) for Children with Disruptive Behavior Problems	7	141
860187000	Parent Cognitive Behavioral Therapy (CBT) for Anxious Children	4	34
860188000	Parent Management Training (Oregon Model)	1	31
860163000	Child-Parent Psychotherapy	1	1
860032000	Cool Kids	1	1
860171000	Helping the Non-compliant Child	1	1

