

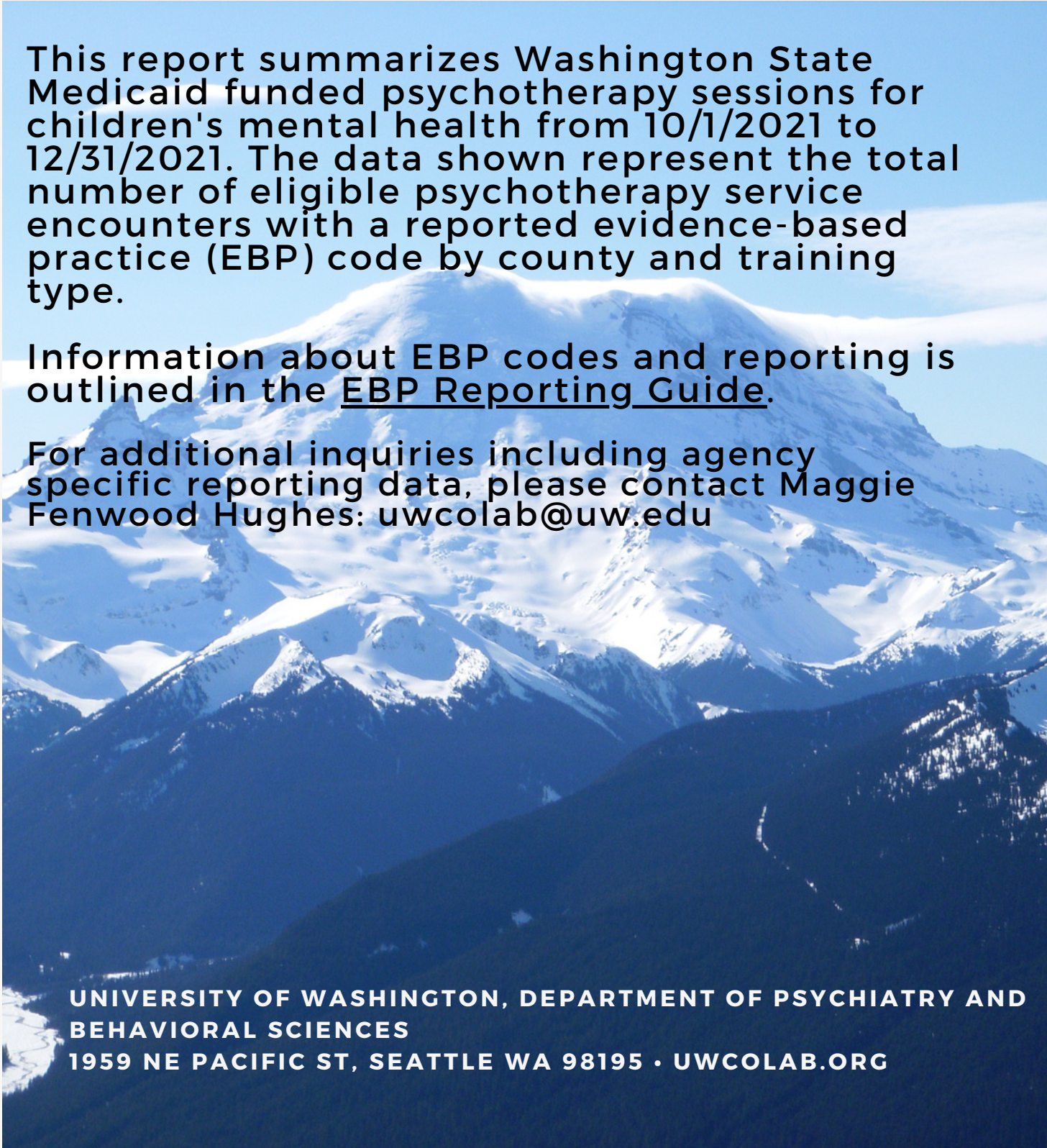


QUARTER FOUR 2021

Evidence-based mental health services for youth and children in Washington State

Performance Report

DATA WERE EXTRACTED BY THE WASHINGTON STATE HEALTH CARE AUTHORITY (HCA). REPORTED EBPS MAY NOT REFLECT ALL SERVICES PROVIDED IN A REGION OR BY AN INDIVIDUAL AGENCY.



This report summarizes Washington State Medicaid funded psychotherapy sessions for children's mental health from 10/1/2021 to 12/31/2021. The data shown represent the total number of eligible psychotherapy service encounters with a reported evidence-based practice (EBP) code by county and training type.

Information about EBP codes and reporting is outlined in the [EBP Reporting Guide](#).

For additional inquiries including agency specific reporting data, please contact Maggie Fenwood Hughes: uwcolab@uw.edu

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TABLE 1: ELIGIBLE CLIENTS THAT RECEIVED A REPORTED EBP PSYCHOTHERAPY SERVICE ENCOUNTER BY COUNTY - QUARTER FOUR 2021

County	Total Eligible Clients that received psychotherapy	Number of clients that received any documented EBP psychotherapy services	Percent of Clients Received any EBP psychotherapy Services
Adams	100		0%
Asotin	99	1	1%
Benton	712	102	14%
Chelan	453	43	9%
Clallam	232	1	0%
Clark	2,068	11	1%
Columbia	15		0%
Cowlitz	745	1	0%
Douglas	231	19	8%
Ferry	29	1	3%
Franklin	308	35	11%
Garfield	6		0%
Grant	653	2	0%
Grays Harbor	287		0%
Island	149	1	1%
Jefferson	75		0%
King	3,920	614	16%
Kitsap	583	1	0%
Kittitas	153	99	65%
Klickitat	80	18	23%
Lewis	390	2	1%
Lincoln	59		0%
Mason	228	3	1%
Okanogan	123		0%
Pacific	96	2	2%
Pend Oreille	64	4	6%
Pierce	2,960	77	3%
San Juan	50		0%
Skagit	427	6	1%
Skamania	24		0%
Snohomish	1,871	39	2%
Spokane	3,653	618	17%
Stevens	170	9	5%
Thurston	860	64	7%
Wahkiakum	27		0%
Walla Walla	231	53	23%
Whatcom	710	33	5%
Whitman	168	3	2%
Yakima	1,360	809	59%
Unknown	9		0%
Total	24,378	2,671	11%

TABLE 2: TYPE OF EBP CODES REPORTED IN ELIGIBLE PSYCHOTHERAPY SERVICE ENCOUNTERS (QUARTER FOUR 2021)

TOTAL ELIGIBLE SESSIONS WITH AN EBP CODE REPORTED IN Q4, 2021 = 8,545

EBP Code	EBP Code description	Number of agencies reporting with EBP code (Q4 2021)	Total reported EBP sessions for each code (Q4 2021)
860035000	Coping Cat	1	5
860043000	Eye Movement Desensitization and Reprocessing (EMDR) for Child Trauma	9	70
860073000	Incredible Years Parent Training	1	24
860085000	Modularized Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH-ADTC)	1	67
860091000	Multimodal Therapy (MMT) for Children with ADHD	4	21
860136000	Trauma Focused CBT for Children	16	761
860137000	Trauma Grief Component Therapy	1	1
860140000	Triple-P Level 4, Individual	1	20
860148000	Behavioral Parent Training (BPT) for Children with Disruptive Behavior Disorder	20	1,297
860151000	Cognitive Behavioral Therapy (CBT) for Anxious Children (group, individual, or remote)	26	2,885
860153000	Cognitive Behavioral Therapy (CBT) for Depressed Adolescents	24	1,886
860155000	Cognitive Behavioral Therapy (CBT)-Based Models for Child Trauma	20	999
860157000	Coping Cat/Koala Back Based Model	2	25
860159000	Coping with Depression – Adolescents	2	21
860160000	Dialectic Behavior Therapy (DBT)	12	272
860171000	Helping the Non-compliant Child	1	1
860180000	Multi-systemic Therapy (MST) for Youth with Serious Emotional Disturbances (SED)	2	45
860186000	Parent Child Interaction Therapy (PCIT) for Children with Disruptive Behavior Problems	5	82
860187000	Parent Cognitive Behavioral Therapy (CBT) for Anxious Children	4	47
860076000	Incredible Years Parent Training + Child Training	1	1
860188000	Parent Management Training (Oregon Model)	2	15

